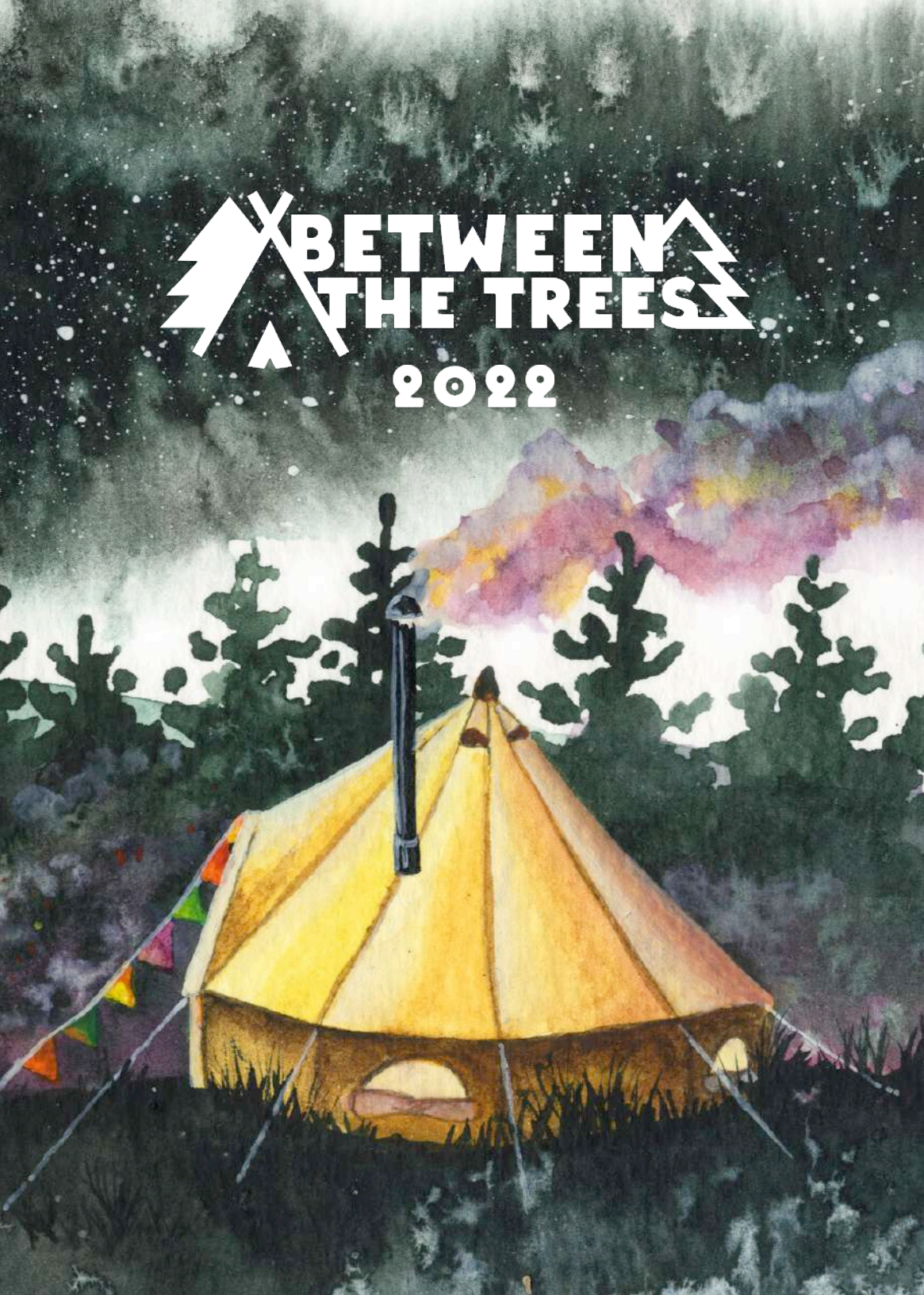


# BETWEEN THE TREES

2022



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# OUR STORY A TALE OF TWO EDUCATORS



Between The Trees is the vision of two educators, Andrew Thomas and Dawn Wood. Andrew is a Biomedical Science Lecturer at Cardiff Metropolitan University and Dawn, a retired art teacher, is a County Councillor.

Over the last decade, we had begun to notice that children and students were becoming increasingly disconnected from nature and more connected to their screens and technology. We wanted to do something to address this so, in 2014, Between The Trees was born. We wanted to create a festival with a unique theme of nature & science, with the aim of reconnecting people to the natural world. The event features a blend of original indie-folk music, art and spoken word within a community that embraces all and encourages free-thinking and creativity.

In 2018 we stumbled across **Candleston Wood** next to *Merthyr Mawr National Nature Reserve* and thought “*what a perfect location for Between The Trees*”. The area is one of Wales’ Sites of Special Scientific Interest and is a haven for wildlife, with its magical woodland areas, magnificent sand dunes and the sea beyond.

This prose written by Andy Goldsworthy captures the ethos of the festival for us,

**“WE OFTEN FORGET THAT WE ARE NATURE. NATURE IS NOT SOMETHING SEPARATE FROM US. SO, WHEN WE SAY THAT WHEN WE HAVE LOST OUR CONNECTION TO NATURE, WE HAVE LOST OUR CONNECTION TO OURSELVES.”**

There has never been a more critical time for humans to address their impact and position in the “*grand scheme of things*”. We are heading for a Climate Crisis and time is running out. What will the future hold for future generations? Can we do anything about it? How can we get involved in righting the wrongs of past generations, and how can we stop making the same mistakes? Is planting more trees the answer? With these questions in mind, and many others, we’d encourage you to come the Seren Barn at 3pm on Sunday for the Big Debate on Climate Change.

We hope you have an **amazing** time at **Between the trees 2022**. The quality of talks and music this year are fantastic and we think it’s going to be the best BTT to date. We also hope that you take something of the spirit of Between The Trees home with you and that we all learn to live more sympathetically with nature, by supporting local producers, promoting conservation and becoming more “*eco-active*”.

**WARM REGARDS**

**COFION CYNNES**

# **DON'T GET ANGRY, GET INDY.**

**Rational responses to naysayer negativity**

*FRIDAY 5.30PM*

*THE NICHE- DEBATE*



Join the debate on **Welsh independence** and ask the questions that matter to you,

*What would an independent Wales look like?*

*How would the UK work as a group of independent countries?*

*Can Wales really survive as an independent country?*

*Could Wales forge ahead with greener and more sustainable policies?*

Join Phil Wyman and guests (TBC) on Friday evening in the Niche for this interesting and open debate.

# CYMRAEG – WELSH

## SOME LOVELY WELSH WORDS AND PHRASES

**S'MAE– HELLO**

**BORE DA– GOOD MORNING**

**HWYL FAWR– GOODBYE**

**PRYNHAWN DA– GOOD AFTERNOON**

**GA I GWRW OS GWELWCH YN DDA?–**

Can I have a beer please (if you will see well)?

**BLE MAE'R TY BACH?–**

Where is the toilet (little house)?

**GWDIHŴ– OWL**

*Pronounced good-ee-hoo,  
pays perfect homage to the noise owls make.*

**PILI-PALA– BUTTERFLY**

*Pila-pala makes you think of light fluttering wings.  
Its pronounced "pill-ee pall-ah".*

**NYTH– NEST**

**LLWYNOG– FOX**

*the Welsh word for fox which literally means bushy.  
Fox is also commonly translated to cadno.*

**YSGUBOR SEREN– STAR BARN**

*(notice the words in Welsh are the other way around "Barn Star") e.g.  
Folk Festival – Gwyl werin (festival folk)*

**HIRAETH–**

*This popular word and concept has no direct English translation. It describes, a longing, yearning, nostalgia, wistfulness, or an earnest desire for the Wales of the past or rather for your homeland.*

**CYNEFIN–**

*Loosely translated as meaning 'habitat' or "niche", but, as artist Kyffin Williams explained, it's more nebulous than that. He said: 'It describes a relationship: the place of your birth and of your upbringing, the environment in which you live and to which you are naturally acclimatised.*

**CWTCH–**

*This popular word is one of the most well-known Welsh words among non-Welsh-speaking people. It has two meanings: a cupboard/cubbyhole or a cuddle/hug, but it really means "providing someone with a safe place in your arms".*

**NANT–**

*We love this word. It has no direct translation and means a small stream that flows through a wooded valley.*

**RHWNG-Y-COED– BETWEEN THE TREES**

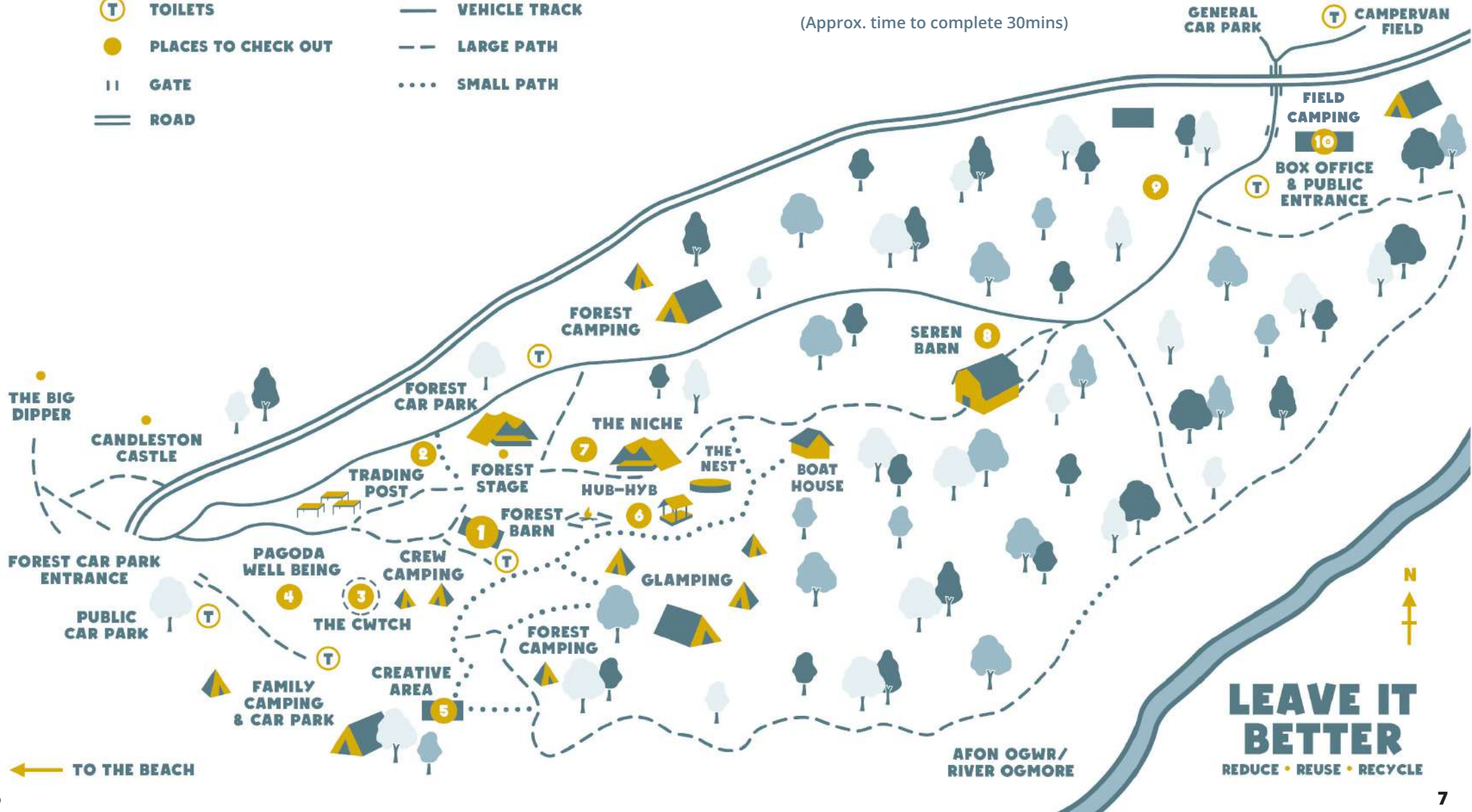
Lastly, here's a lovely little Welsh phrase that fits so well with the festival, **"DOD YN ÔL AT FY NGHOED"** meaning **"TO RETURN TO A BALANCED STATE OF MIND"** and literally translated means **"TO RETURN TO MY TREES"**

# 2022 FESTIVAL MAP

Discover the festival site - We've created a fun way to find your way around the festival site.

## MAP KEY:

 <b>TOILETS</b>	 <b>VEHICLE TRACK</b>
 <b>PLACES TO CHECK OUT</b>	 <b>LARGE PATH</b>
 <b>GATE</b>	 <b>SMALL PATH</b>
 <b>ROAD</b>	



## FIND YOUR WAY

- Find the orienteering card on the reverse of the leaflet at the Merch Stand, then set off to discover the numbered locations shown on the festival map.
- When you get to the location, look for a well-hidden orange orienteering clip and use it to punch your card (in the correct numbered square).
- Once you've completed the card return it to the box office to claim your prize!

(Approx. time to complete 30mins)

**LEAVE IT BETTER**  
REDUCE • REUSE • RECYCLE



	<b>BARN STAGE</b>	<b>FOREST STAGE</b>	<b>THE NICHE</b>
10AM			
11AM			
12PM			<b>MARVELOUS MOTHS</b> VAUGHN MATHEWS (INCC) 11.30AM - 12PM
12PM	<b>TOBIAS ROBERTSON</b> 12PM - 12.40PM		<b>SAVING THE HIGH BROWN FRITILLARY BUTTERFLY IN THE ALUN VALLEY</b> DOT WILLIAMS (NATUR AM BYTH!) 12.30PM - 1PM
1PM	<b>MISHRA</b> 1PM - 1.40PM		<b>THE ORIGINS OF THE RSPB</b> ANDREW MASON (RSPB) 1.30PM - 2PM
2PM	<b>OUR ATLANTIC ROOTS</b> 2PM - 2.40PM		<b>WHAT DO WE KNOW ABOUT OTTERS?</b> DR ELEANOR KEAN 2.30PM - 3PM
3PM	<b>CHRIS CLEVERLEY</b> 3PM - 3.40PM		
4PM		<b>THE MAGPIES</b> 3.45PM - 4.30PM	
5PM			<b>ANGHARAD LEE</b> 4.30PM - 5PM
6PM		<b>LOWRI EVANS</b> 5PM - 5.45PM	
6PM			<b>MARI MATHIAS</b> 5.45PM - 6.15PM
7PM		<b>HONEY &amp; THE BEAR</b> 6.15PM - 7PM	
7PM			<b>MARI MATHIAS</b> 7PM - 7.30PM
8PM		<b>SAM BROOKES</b> 7.30PM - 8.15PM	
9PM		<b>BALLET CYMRU</b> 8.30PM - 8.40PM	
9PM		<b>NOBLE JACKS</b> 9PM - 10PM	
10PM			
11PM		<b>NITWORKS</b> 10.30PM - 11.30PM	

	<b>SEREN BARN</b>	<b>CWTCH</b>	<b>HUB-HYB</b>	<b>CREATIVE AREA</b>
10AM		<b>OPEN MIC</b> 10AM - 11AM	<b>MICROGRAPHIA</b> 10AM - 10.45AM	<b>BALANCED BEINGS</b> 10AM
11AM	<b>LOCAL FOLK TALES AND TUNES</b> SONGFISHER 11AM - 11.30AM	<b>SING HAPPY (OPEN CHOIR)</b> 11AM - 1PM	<b>ROCKET CREATURES</b> 11AM - 11.45AM	<b>MIKE CHURCH (STORYTELLING)</b> 11AM
12PM	<b>HISTORY OF MARGAM</b> PHIL COPE 12PM - 12.30PM		<b>MEET THE POLLINATORS</b> 12PM - 12.45PM	<b>CREATIVE KIDS</b> 12PM
1PM	<b>GORWELION-SHARED HORIZONS</b> ROBERT MINHINNICK 1PM - 1.30PM		<b>WATERCOLOUR WORKSHOP</b> ABI ELERI 1PM - 1.45PM	<b>BALLET CYMRU WORKSHOPS</b> 1PM
2PM	<b>WELSH FAIRY TALES</b> DAN MITCHELL 2PM - 2.30PM	<b>OPEN MIC</b> 2PM - 3PM	<b>BEE WORKSHOP</b> 2PM - 2.45PM	
3PM	<b>CHILDREN'S BOOK READINGS</b> 3PM - 4.30PM CATHERINE FISHER (THE VELVET FOX) CLAIRE FRAYERS (WELSH FAIRY TALES AND MYTHS)		<b>MEET THE POLLINATORS</b> 3PM - 3.45PM	<b>CREATIVE KIDS</b> 3PM



# SATURDAY

	<b>BARN STAGE</b>	<b>FOREST STAGE</b>	<b>THE NICHE</b>
10AM			
11AM			
12PM			<b>SECRET GARDENS UNDER THE SEA</b> DR LEANNE CULLEN-UNSWORTH 11.30AM - 12PM
1PM	<b>ALEX ISEMBARD</b> 12PM - 12.40PM		<b>HONEY BEES AND OUR PART IN THEIR WORLD</b> GILL HERITAGE & IAN HARRISON 12.30PM - 1PM
2PM	<b>CAPTAIN CAT &amp; THE SAILORS</b> 1PM - 1.40PM		<b>COASTAL WILDLIFE, BUTTERFISH TO BUTTERFLIES</b> DRS ROO & NICKY PERKINS (SPECKLED WOOD WILDLIFE) 1.30PM - 2PM
3PM	<b>MATTHEW FREDERICK</b> 2PM - 2.40PM		<b>SEABIRDS IN WALES: THE JEWELS OF CYMRU'S CROWN</b> DR ROB THOMAS 2.30PM - 3PM
4PM	<b>CHRISTOPHER REES</b> 3PM - 3.40PM	<b>THE GOUDIES</b> 3.45PM - 4.30PM	
5PM			<b>UNEARTHED ROOTS</b> (BEST OF OPEN MIC) 4.30PM - 5PM
6PM		<b>OLLIE DIXON</b> 5PM - 5.45PM	
7PM			<b>NIGEL MASON</b> 5.45PM - 6.15PM
8PM		<b>KATHERINE PRIDDY</b> 6.10PM - 7PM	
9PM			<b>SAND</b> FILM BY PETER BRITTON 7PM - 7.30PM
10PM		<b>LONG FOR THE COAST</b> 7.30PM - 8.15PM	
11PM		<b>BALLET CYMRU</b> 8.30PM - 8.40PM	
		<b>JOHN SMITH</b> 9PM - 10PM	
		<b>NOGOOD BOYO</b> 10.30PM - 11.30PM	

	<b>SEREN BARN</b>	<b>CWTCH</b>	<b>HUB-HYB</b>	<b>CREATIVE AREA</b>
10AM		<b>OPEN MIC</b> 10AM - 11AM	<b>MICROGRAPHIA</b> 10AM - 10.45AM	<b>BALANCED BEINGS</b> 10AM
11AM	<b>SAND</b> FILM BY PETER BRITTON 11AM - 11.30AM	<b>SING HAPPY (OPEN CHOIR)</b> 11AM - 12PM	<b>ROCKET CREATURES</b> 11AM - 11.45AM	<b>MIKE CHURCH (STORYTELLING)</b> 11AM
12PM	<b>OWNING A WOODLAND, WHAT'S INVOLVED AND WHY SHOULD YOU DO IT?</b> ANDREW SOWERBY 12PM - 12.30PM		<b>MEET THE POLLINATORS</b> 12PM - 12.45PM	<b>CREATIVE KIDS</b> 12PM
1PM	<b>FORAGING</b> ADELE NOZADER 1PM - 1.30PM		<b>WATERCOLOUR WORKSHOP</b> ABI ELERI 1PM - 1.45PM	<b>BALLET CYMRU WORKSHOPS</b> 1PM
2PM	<b>ONE PLANET DEVELOPMENT</b> STEPHEN CARTWRIGHT 2PM - 2.30PM	<b>OPEN MIC</b> 2PM - 3PM	<b>I DIG MARGAM</b> 2PM - 2.45PM	
3PM	<b>THE BIG SUNDAY DEBATE</b> TACKLING THE CLIMATE CRISIS 3PM - 3.45PM		<b>MEET THE POLLINATORS</b>	<b>CREATIVE KIDS</b> 3PM



# PAGODA WELL-BEING AND PERMACULTURE

This year at The Pagoda, you'll find a series of talks & workshops on wellbeing, permaculture, community & sustainability, with our therapists just around the corner offering relaxing treatments.

## What is Permaculture?

*Permaculture is a design approach based on understandings of how nature works.*

At its heart permaculture has three ethics:

1. Earth Care
2. People Care
3. Fair Shares/Future Care

This makes *permaculture a unique toolkit* that is used to design regenerative systems at all scales - *from home and garden to community, farms and bioregions around the world.*



With permaculture, people are treading lightly on our planet, in harmony with nature. Taking care of people and fellow creatures. Making sure that we can sustain human activities for many generations to come. *Culture change not climate change!*

ESTHER NAGLE- IN THIS MOMENT



**OMNA THERAPIES**  
HOLISTIC HEALING  
& MASSAGE

Natalie Thomas of Omna Therapies combines energy healing and clinical massage in her 1:1 holistic treatments. Alchemising the subtle energies of essential oils, reiki, crystal healing, tibetan singing bowls and the shamanic drum. Her goal is to relieve, restore and allow your mind, body and soul to remember what it is to live in a state of peace.

LIZ THOMAS- SOUL CREATIVE CIRCLE



# PAGODA SCHEDULE

**INFORMATION AND BOOKING FOR ALL SESSIONS AND WORKSHOPS WILL BE DISPLAYED AT THE PAGODA AREA**



## KERRY SANSOM'S FREE QIGONG SESSIONS

Therapists will be open from 10-5, and will include Reiki, Aromatherapeutic Massage, and Reflexology.

## FRIDAY

**DEEP ROOTS MEDITATION - 4PM-5PM**  
DELPHI NILE

*An earthing meditation to ground and energise*

**INTRODUCTION TO PERMACULTURE -5PM-6PM**  
TAMMI DALLASTON *FROM FIELD FAMILIES*

## SATURDAY

**YOGA- 8AM-9AM**  
JULIANNE KODURAND

**TAI CHI- 9AM-10AM**  
PAUL JENNINGS

**SOUL CREATIVE CIRCLE- 10AM-11AM**  
LIZ THOMAS *Journaling*

**IN THIS MOMENT - 11AM-12PM**  
ESTHER NAGLE *Mindful creative writing*

**ORCHARD BIODIVERSITY- 12PM-1PM**  
WITCHHAZEL WILDWOOD & KATE DAVIES  
*FROM THE ORCHARD PROJECT*

**INTRODUCTION TO PERMACULTURE - 2PM-3PM**  
TAMMI DALLASTON *FROM FIELD FAMILIES*

**DEEP ROOTS MEDITATION - 3PM-4PM**  
DELPHI NILE  
*An earthing meditation to ground and energise*

**FERMENTED FOODS, GUT HEALTH & THE FUTURE OF FOOD WASTE - 4PM-5PM**  
ARTHUR & MADI (*THE CRAFTY PICKLE*)  
*(With demonstration, see page 39 for details)*

## SUNDAY

**YOGA- 8AM-9AM**  
JULIANNE KODURAND

**TAI CHI- 9AM-10AM**  
PAUL JENNINGS

**GUARD DOG AND WISE OWL- 10AM-11.30AM**  
*Managing Anxiety Workshops for kids*

**PERMACULTURE-11.30AM-12.30PM**  
PAUL JENNINGS

**SETTING UP A FOOD CO-OP- 1.30PM-2.30PM**  
AIMAN RAHIM  
*FROM SPLO-DOWN FOOD CO-OP*

**NO-DIG HOMESTEADING- 2.30PM-3.30PM**  
STEPHANIE HAFFERTY

**SIX LESSONS FROM MOTHER NATURE'S THERAPY ASSISTANT 3.30PM-4.30PM**  
CLAIRE TERRY

# OUR HEADLINERS



**NITWORKS**  
FOREST STAGE  
SATURDAY 10.30PM

Niteworks came together in 2008. Their name comes from a sample of an old Gaelic speaker referring to “*Obair Oidhche*” or Night Work. Originating, from the Isle of Skye, they write songs in both Gaelic and English. The band had toured across the Scottish music festival circuit, headlining *Hebridean Celtic Festival’s Islands Stage* and sold out *Glasgow’s Oran Mor*, as part of the city’s popular Celtic Connections Festival.

Now, for the very first time, Between The Trees are bringing Niteworks to headline their festival in Wales!

**JOHN SMITH** FOREST STAGE  
SUNDAY 9PM

*“John Smith has built a reputation as one of the UK’s finest guitarists and songwriters”*

Born in Essex, raised by the Devon seaside, and making his bones in the bars and clubs of Liverpool, John has released eight albums with over 55 million Spotify streams. He has played to audiences all over the world in living rooms, festival tents and sold-out concert halls. He is a genuine folksinger, an inquisitive truth-seeker, devoted song interpreter and enchanting writer.



Steeped in the lineage of British folk, taking his cue from Richard Thompson and John Martyn, Smith has evolved a transatlantic blend of fingerstyle and slide guitar techniques. John’s intimate takes on love, loss and the journey we make, combined with his innovative guitar work, have won him a loyal following.

# RISING STARS!



**THE DRYSTONES**  
FOREST STAGE  
FRIDAY 4PM

The ‘*indecently talented*’ duo of Alex Garden (fiddle) and Ford Collier (guitar, low whistle) have been honing their take on traditional music since their humble beginnings as teenagers busking the streets of Somerset. After years of playing the folk circuit, they are on a mission to make their shows a unique space: where people of all generations can enjoy ‘folktronica’ music.



**SAM BROOKES**  
FOREST STAGE  
SATURDAY 7.30PM

Nothing really prepares you for Sam Brookes new album, *Black Feathers*. First, there’s the voice, four octaves bringing to mind folks like Justin Vernon and Chris Isaak. Then there’s the guitar playing, where he sounds like he’s channeling John Martyn or Bert Jansch. Finally, there are the songs themselves, some gifts of fragile beauty, while others roar with unexpected power.



**KATHERINE PRIDDY**  
FOREST STAGE  
SUNDAY 6.10PM

Katherine Priddy’s original works are delivered with an emotional maturity, depth and a tenderness that still carries a darker edge, citing Nick Drake, John Martyn, Tunng and Imagined Village amongst her influences. Her lyrics are particularly noteworthy – a tribute to her life-long love affair with literature and poetry and the stories she weaves are transporting.

# NATURE TALKS AT THE NICHE



Kindly support with a Public Engagement Grant for the British Ecological Society



## VAUGHN MATHEWS (SPECIES OFFICER)

INITIATIVE FOR NATURE  
CONSERVATION CYMRU (INCC)

**SATURDAY**  
**11.30AM - 12PM**

### ABOUT

Vaughn has worked in the conservation sector for 13 years and is currently Species Officer for INCC. *The Initiative for Nature Conservation Cymru (INCC)* was founded in 2018. Our vision is of 'a Wales with more wildlife in more places, created by a society that intrinsically values the natural world'

### MARVELLOUS MOTHS

A brief introduction to the fascinating world of moths, the amazingly diverse creatures that are all around us but rarely seen or appreciated.



### ABOUT

Dot's background is mainly in social work but she has always had a passion for nature and the environment. She has a masters degree in coastal conservation and management. Starting as a volunteer with *Butterfly Conservation* 6 years ago she is now working to save this endangered butterfly.

## SAVING THE HIGH BROWN FRITILLARY BUTTERFLY IN THE ALUN VALLEY

*The High Brown Fritillary butterfly* is one of the UK's most endangered species and found only one place in Wales. Under the umbrella of the *Natur Am Byth!* programme funded by the *National Heritage Lottery*, work is being done to protect the butterfly.

## DOT WILLIAMS

NATUR AM BYTH!

**SATURDAY**  
**12.30PM - 1PM**

## ABOUT

Andrew is a keen naturalist and bird tour guide. He first joined the *RSPB* as a member in 1982, volunteered in 1990 and in 2017 became a paid employee covering South Wales and South West England as the *Face to Face Manager*.

## OUR JOURNEY

Most people know of the *RSPB's* work in the UK and around the world to save nature and provide a greener future for people and nature. But, not many understand their origins, with 3 ladies standing up to the establishment and in time, forming the *RSPB*.



**ANDREW MASON**

**RSPB**

**SATURDAY 1.30PM - 2PM**



**DR ELEANOR KEAN**

**SATURDAY**

**2.30PM - 3PM**

## ABOUT

Eleanor is an independent researcher focusing on *mammal ecology and freshwaters*. She has been researching otters for 16 years, and has published research on aquatic pollution, otter communication.

## WHAT DO WE KNOW ABOUT OTTERS?

What is known about the status of otters in the UK? Is pollution still a threat? Join one of the UK's otter specialists to discuss highlights of otter ecology, recent population trends and looking to the future what otters need to thrive in the UK.



**DR LEANNE  
CULLEN-  
UNSWORTH**

**PROJECT SEAGRASS**

**SUNDAY**

**11.30AM - 12PM**

## ABOUT

Leanne is an *interdisciplinary marine scientist* with over 20 year's experience working collaboratively with people and communities to help conserve and restore nature. She plays a pivotal role within *Project Seagrass* leading programmes that help to understand the connections between people and the environment.

## SECRET GARDENS UNDER THE SEA

Seagrass meadows are critical to the survival of every living thing on Earth. Seagrasses produce oxygen, clean our coastal water, absorb greenhouse gas emissions, and help to keep our ocean healthy which stabilises the climate —both global and local. Not to mention, seagrass supports or provides habitat for 1000's of species of fish, invertebrates, birds, reptiles and mammals and supports the livelihoods for millions of people.

## ABOUT

Almost a decade ago we decided to have a beehive in the garden. Since then we have learned a lot about *bees and bee-keeping* and are still learning more.

## HONEY BEES AND OUR PART IN THEIR WORLD

Gill Heritage and Iain Harrison, the bee custodians talk about their approach to natural bee-keeping: why, where and how.



**GILL HERITAGE &  
IAIN HARRISON**

**SUNDAY**

**12.30PM - 1PM**



## **DRS ROO & NICKY PERKINS**

### **SPECKLED WOOD WILDLIFE**

**SUNDAY  
1.30PM - 2PM**

#### **ABOUT**

Standing on the beach at *Merthyr Mawr* and looking out to sea; most people are relatively unconnected with what is living out there, however we get a glimpse of this diverse world at low tide when we can explore the rocky shores, estuaries and sandy beaches. This talk will focus on our *connections* with wildlife, habitat connectivity and why we need to conserve all habitats, not just the ones we can see.

### **COASTAL WILDLIFE, BUTTERFISH TO BUTTERFLIES**

*Speckled Wood Wildlife* is a family-run and family-friendly business that aims to inspire a greater awareness and understanding of the wildlife around us. We specialise in butterflies, birds, coastal wildlife and more. Run by Roo & Nicky Perkins based in Pontypool, we share a plethora of local South Wales sites to help foster connections with the nature on the doorstep.  
[www.speckledwoodwildlife.co.uk](http://www.speckledwoodwildlife.co.uk)

#### **ABOUT**

Dr Rob Thomas studies *animal behaviour in changing environments*, from long-term climate changes, through seasonal and daily changes, to the sudden appearance of a potential predator or an unfamiliar type of food.

### **SEABIRDS IN WALES: THE JEWELS IN CYMRU'S CROWN**

His recent research has focussed on the *Storm Petrels* –the smallest of the seabirds, spending most of their lives on the open ocean. His talk will reveal how the changing climate is affects our sea bird populations including *Storm Petrels*.



**DR ROB THOMAS**  
**CARDIFF UNIVERSITY**  
**SUNDAY  
2.30PM - 3PM**

# **SPOKEN WORD AT THE SEREN BARN**

## **SEREN**

### **Thanks to Seren Publishers**

Seren is Wales' leading independent literary publisher based in Bridgend, specialising in English-language writing from Wales. With a list spanning poetry, fiction and non-fiction, many of their books have been short-listed for and won major literary prizes across the UK and America.

## ABOUT

*Songfisher* is an eclectic, quirky folk duo from South Wales. Featuring Gareth Davies on sitar, guitar and vocals, and Sarah Dickson on vocals, guitar and Shruti. Performing a variety of original, traditional and folk covers with a *Songfisher* twist.

## SONGFISHER / FOLK TALES

The folk duo '*Songfisher*' will perform and talk of the legends behind their original songs based on *Candleston Castle, Ogmere Castle, Ewenny Priory, Sanford's Well and others*.



## SONGFISHER

**SATURDAY**

**11AM - 11.30AM**



## ABOUT

Phil Cope is a photographer, writer, teacher, and cultural exhibition designer whose subjects have included the footballer John Charles, Paul Robeson and Wales and the Spanish Civil War. He was Head of Drama, and Deputy Head of English in the Welsh Joint Education Committee. He has published *Borderlands* (2013) and the *Holy Wells* series. His most recent publication is about the recent archaeological digs at Margam Abbey and more specifically, the older settlement of Capel Mair.

In his book "*I Dig Margam*" he writes about the significance of these findings at the Chapel and the surrounding Iron Age Hill Fort which is "a rare discovery in upland Wales". Phil has also made this information accessible to children and he will be holding a workshop called "*I Dig Margam*" for young budding archaeologists and historians on Sunday afternoon.

## PHIL COPE

### HISTORY OF MARGAM

SEREN BARN

**SATURDAY 12PM**

### I DIG MARGAM

HUB-HYB

**SUNDAY 2PM**

## ABOUT

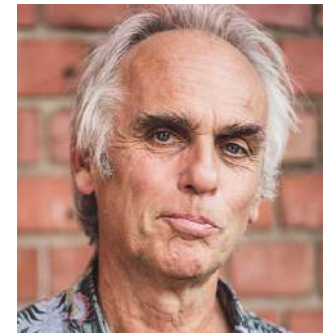
Robert Minhinnick is advisor and co-founder of the charity, *Sustainable Wales/Cymru Gynaliadwy*. He is a writer and editor of *Gorwelion/Shared Horizons*.

## GORWELION / SHARED HORIZONS

*Gorwelion: Shared Horizons* is a climate change anthology of poetry and prose edited by prize-winning writer and environmental activist Robert Minhinnick, featuring Welsh, Scottish, Indian and English writers. Five writers were asked to consider the 'global' climate change, biodiversity and introduce 'future thinking'. This future might be mundane, marvellous or dreadful. Robert will be joined by co-author Laura Wainwright.

## DELIRIUM

*Delirium* is a collection of short prose which is global in scope. It begins with a real 1945 diary kept in Burma, and Minhinnick telling stories to his mother in her care home. It includes a series of pictures of war-stricken Baghdad, and vignettes about place and travel. On the way we encounter a Middle East island devoted to sustainability, close ups of what clearing a family house reveals, and the writer's intimately imagined Welsh sand dunes. Minhinnick also watches the Stereophonics in Sydney, mourns the Golan Heights and meets a family of destitute Bedouins. Throughout we encounter the Covid pandemic, threats of extinction, and images of post-apocalyptic life.



## ROBERT MINHINNICK

**SATURDAY**

**1PM - 1.30PM**



## DAN MITCHELL

**SATURDAY**

**2PM - 2.30PM**

## ABOUT

Dan Mitchell is a storyteller, stand up and writer. He loves forests, foraging and folklore, from weird creatures to real people. His aim is to find folk tales from all over Wales.

## WELSH FAIRY STORIES

Between the trees, under the hills and in the lakes, the Tylwyth Teg or Fair Folk live all over Wales. *But who will you find where?* Find out how fairies, elves and goblins are bound to the land.



## ABOUT

Catherine Fisher is a poet and novelist from Wales. She has written over thirty novels for children. Her YA fantasy *Incarceron* was a New York Times Bestseller. She has twice won the Tir na n'Og prize and her novel *The Clockwork Crow* was shortlisted for the Blue Peter Prize.

## THE CLOCKWORK CROW

Catherine Fisher reads from her prize-winning *Clockwork Crow* series, a fantasy of Welsh magic and mystery.

## CATHERINE FISHER

**SATURDAY**

**3PM - 3.30PM**

## ABOUT

Claire lives in the Welsh mountains and writes stories of magic and adventure for young people. She won the Tir na n-Og award for *Storm Hound* in 2020, and her new collection of *Welsh myths and legends* was nominated for the Carnegie Medal and shortlisted for the Tir na n-Og.

## WELSH FAIRY TALES AND MYTHS

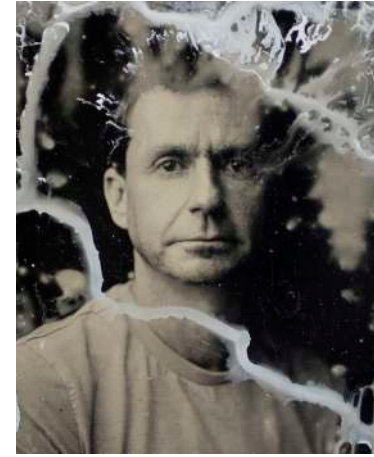
Why does the Welsh flag have a dragon on it? What happens when you ask a witch too many questions? Should you ever trust the magical Tylwyth Teg? Come and find out as Claire Fayers tells stories from her best-selling collection of Welsh Fairy Tales, Myths and Legends.



## CLAIRE FRAYERS

**SATURDAY**

**4PM - 4.30PM**



## ABOUT

Peter Britton is a professional photographer, videographer and award-winning lecturer. After a 15 year career in commercial photography, his practice is now more arts based. His work explores the relationships that people have to a place, and his projects visually investigate connections to memory, wellbeing and history. Britton is a senior fellow of the higher education academy and his photographic work is widely exhibited.

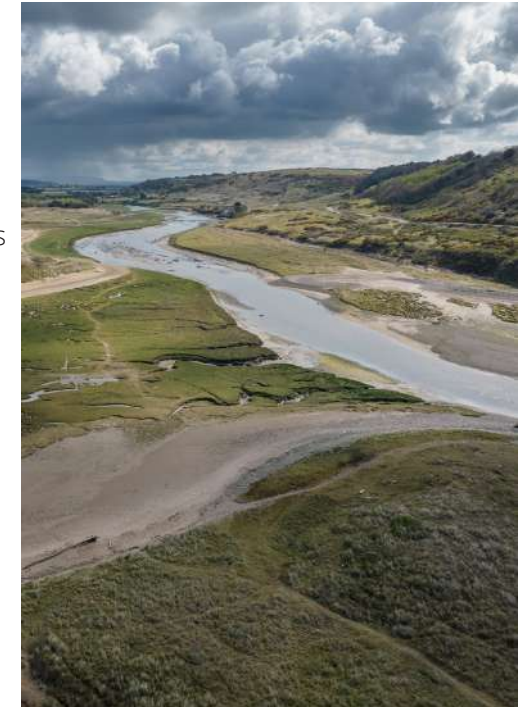
## PETER BRITTON

**SUNDAY**

**11AM - 11.30AM**

S A N D is a visual exploration of *Newton and Merthyr Mawr* sand dunes. Situated in South Wales, this unique ecosystem covers nearly 1000 acres and is incredibly diverse in terms of landscape and human history. There are areas of grasslands, saltmarsh, beach and woods within the reserve. Historical remnants from the Stone Age, Bronze Age, Iron Age, and Roman times have all been discovered there. The entire ecosystem is based and built on sand.

This visual investigation demonstrates the collaboration between humans and the natural world. To photograph and record this dunes environment means capturing the diverse history, landscape and stories of the dunes, via different photographic formats and processes.



**SAND (FILM) SCREENED ON SUNDAY AT 7PM IN THE NICHE TENT**



## OWNING A WOODLAND, WHAT'S INVOLVED AND WHY SHOULD YOU DO IT?

Creating and owning woodlands is a prominent subject in current affairs. Never have political parties been so in favour of creating new woodlands. Creating a target is easy, *but is it just as easy to look after a woodland?* What does it take to look after a woodland in such a way that it is environmentally positive and financially viable? Why should we own woodlands and how should we go about owning woodlands?

Andrew offers practical insights into how we better look after our trees and woodlands based on his 21 years experience in the public and private sector as a *Fellow of the Institute of Chartered Foresters and the chair of the Confor committee in Wales.*

**ANDREW SOWERBY**

**SUNDAY**

**12PM - 12.30PM**

## ABOUT

Adele has written several books, 4 of them about foraging. She has foraged the length and breadth of the UK as well as in parts of *mainland Europe and India*. She has foraged with *Rosie Jones* as well as *Gareth Edwards* and the *ambassador of Panama*.

## FORAGING

*Can trees speak? And what do they say? How can we listen to them?* Join Adele Nozadar, Forest Bathing practitioner, forager, author of *The Tree Forager* and one of the Brecon Beacons National Park Veteran Tree Wardens in a walk like no other!



**ADELE NOZADER**

**SUNDAY**

**1PM - 1.30PM**



**STEFAN CARTWRIGHT**

**SUNDAY**

**2PM - 2.30PM**

## ABOUT

I live with my family on an OPD (*One Planet Development*) smallholding in rural Ceredigion. For the past decade we have been working towards a more sustainable life. We live in a self-built, off-grid, low impact home powered by the sun and grow much of our food on-site.

## ONE PLANET DEVELOPMENT

Wales imports over 90% of its apples and yet it has a rich history of orchards and apple varieties. In 2016 we purchased an agricultural field in *Ceredigion* which we are turning into a bountiful orchard. This talk is about our quest to produce nutritious, healthy and delicious table fruit.

## THE BIG SUNDAY DEBATE "TACKLING THE CLIMATE CRISIS"

**SUNDAY**

**3PM - 3.45PM**

*What are the top 5 things we can do to help avert the climate crisis?*

We now know that climate change is real and progressing at a faster rate than was first predicted. So we don't need to ask whether climate change is happening, or whether humans are causing it. Instead, we need to ask: *"what can we do?"*

The road towards that transition includes daily decisions within our reach – like driving and flying less, switching to a 'green' energy provider and changing what we eat and buy. Of course, it's true that climate change won't be solved by your buying or driving habits alone – although many experts agree these are important, and can influence others to make changes too.

Join our panel of speakers for this open debate, bring your ideas and examples of good practice and help us decide the top 5 things we can change tomorrow to help make a difference.



*What a 2m rise in sea levels would look like at our festival site (By 2050 the areas in red will be below the annual flood level)*



# HUB-HYB

## DISCOVER NATURE THROUGH INTERACTIVE WORKSHOPS

*This is the place to get involved!*

There are various workshops including *Micrographia (microscope art), Rocket Creatures and watercolour painting.*



### MEET THE POLLINATORS

This year Jenny Ogden will be bringing her hand-crafted bees and butterflies and introducing us to Wildlife role-play in her "Meet The Pollinators" workshops. This is a fun way to learn about our amazing wildlife and how we can learn to look after it better. You will meet a variety of unhappy pollinators – honeybee, bumblebee, solitary bee, hoverfly, wasp, butterfly. Hear from them about the problems they face and learn how we can help them and make them happy! They are available for interview if you'd like to find out more.



Then try the Butterfly quiz - The Flutter is a display featuring handmade models of 29 species of British butterflies and one spectacular moth. Can you ID them?

These sessions are free and will be repeated twice on Saturday and Sunday but numbers are limited so **please see the sign-up sheets on the barn to book.**

### WATERCOLOUR SESSIONS WITH ABI ELERI

The watercolour sessions with Abi Eleri are very popular and are bookable. There is a small fee to cover the resources and tuition. *Please note that these are very popular sessions with limited spaces so booking is advised.*

For details of other workshops and booking please see the **Forest Barn notice board.**



**PLEASE NOTE THAT PARENTAL SUPERVISION OF CHILDREN IS REQUIRED AT WORKSHOPS.**

**PLEASE SEE THE SIGN-UP SHEETS ON THE FOREST BARN TO BOOK ONTO ANY WORKSHOPS.**

# THE NEST – Y NYTH

New for 2022, The Nest or Y Nyth is a secret meeting area specially created for people to share their stories, enjoy community or just as a place to chill with a morning coffee. Members of the community groups *Stronger Together Bridgend* and *Lads And Dads* will be available for a casual chat though out the day, but also check out the times and details of morning sessions on the blackboard near by. There will be some morning song writing sessions with singer/songwriter John Nicholas.



**FRIDAY (1500-1600)**, *Stronger Together Bridgend* will be hosting a session in The Niche tent (next to The Nest) entitled **“Evolving Communities and Living Organisations”**.

Andre van Wyk, who will be leading this session, said this about it *“Heraclitus is credited with saying that the only constant in life is change and with this in mind, we invite you to join representatives from various voluntary community organisations in a live discussion about what is needed to better aid mental health and well-being in our communities and society at large”*. So feel free to come along to this session and share your experiences and expertise with other like-minded people.

Supported by Awen Cultural Trust, BCBC and Bridgend Association of Voluntary Organisations (BAVO).



## SONGS FROM THE NEST CERDDORIAETH O'R NYTH

MUSIC / COMMUNITY / WELL-BEING  
CERDDORIAETH / CYMUNED / LLES

# THE CWTCH YOUR CHANCE TO SHINE

## OPEN MIC AND OPEN CHOIR SESSIONS

The Cwtch area sees a welcomed return after the success of 2021.

This is an area for musical expression with impromptu tunes at the unplugged **Open Mic** and joyful choral expression at the **Open Choir sessions** (11.00-13.00) led by the *Sing Happy Team*.



This year we have scheduled two **Open Mic** sessions on **Saturday and Sunday** (10.00-11.00) and (14.00-15.00), so there is plenty of opportunity to share a song or two. These sessions will be lead by the charismatic American-Welsh troubadour Phil Wyman.

# CREATIVE AREA

The theme this year for the creative area is DREAM - a mid-summer night's dream.

We have *Ballet Cymru* located there, who will be running interactive dance sessions for all ages. **DREAM** is a vibrant, fresh, and innovative new ballet based on Shakespeare's *A Midsummer Night's Dream*. Working with Award-Winning instrumentalist and composer Frank Moon, Ballet Cymru have created a magical, gender bending world of fairies, lovers, and bewitching enchantment. As well as the dance workshops, **they will be performing excerpts of Dream at dusk in the main stage area.**



You can get even more involved by creating your very own fairy crown and wand or be inspired by the nature around you and try your hand at land art. Matches Malone and his motley crew will be on hand to entertain you, with his wacky slip 'n slide and mega water pistols.

## **BALLET CYMRU WORKSHOPS SATURDAY AND SUNDAY**

### **CREATIVE DANCE (45 MINS)**

*A fun and inclusive dance session learning dance moves and being creative*

### **INTRODUCTION TO BALLET (30 MINS)**

*Learn some ballet basics and get the whole body moving*

### **JOIN OUR DREAM (45 MINS)**

*Learn about the story of 'A midsummer Nights Dream', meet the dancers and characters of the show, become a woodland creature and join in the Ballet Cymru's performance*

**PLEASE SEE NOTICE BOARD FOR TIMINGS/BOOKINGS**



## **BALANCED BEINGS- 10AM**

*Rachel Tapping* helps parents of children from birth to pre-school age learn how to support their children's natural play instincts whilst respecting their autonomy. Inspired by the Pikler approach, Rachel's parent-child groups are equipped with playthings that encourage free, self-chosen play. These playthings can be manipulated in different ways and are open to interpretation and the wonderful world of the child's imagination.

Just as immersion in nature allows us to observe the wonders of wildlife, Rachel's groups provide similar opportunities to connect with your children. These are special moments of mindfulness, fun and joy – as nature intended. Questions about behaviour, play and motor development are discussed within the group, while deeper discussion and exploration is offered via an online membership community - *Balanced Parents*.

At a time when we're easily overwhelmed, *Balanced Babies Groups* provide you with time and space to sit back and really enjoy that oh-so-fleeting period of your child making sense of themselves and their surroundings.

Rachel brought her bell tent and playthings to Between the Trees for the first time in 2021. Set in the **Family Camping area**, the tent quickly became a peaceful haven for those with little ones. This year, she's delighted to be back offering **free sessions** each day.



## **MIKE CHURCH- SATURDAY AND SUNDAY 11AM**

Mike is a genius children's book writer and entertainer. Don't miss his fantasy stories and masterful puppetry down in the **creative area**.

# MINDFUL WALKS

## A CHANCE TO UNWIND



Hannah Carter was a primary school teacher for twelve years with experience of Forest Schools, after which she became a support worker and outdoors coach. She is a trained counsellor with a special interest in outdoors therapy. She is originally from Hampshire and has always enjoyed walking and connecting with nature as well as enjoying music, dance and foreign languages. Hannah joined Mindful Walks in 2019.

[www.mindfulwalks.uk](http://www.mindfulwalks.uk)

## ABOUT THE WALK

Come and join Mindful Walks at Between the Trees festival where we will connect with nature and ourselves. Hannah and Andrea will guide a mindfulness and sensory walk. This event will help you to reconnect with yourself and the natural world through paying attention to all of your senses as well as helping you to notice your own thoughts, emotions and sensations in your body in relation to this experience. At times we will walk in silence, at times sharing our experiences and what we have noticed.

See noticeboard on the **forest barn** or **box office** for scheduled times and location if the start point for the walks on Saturday and Sunday. The walks are limited in number so be sure to sign the booking sheets and are run on a **Pay As You Feel** basis.



# DRYAD BUSHCRAFT

*We will be running a series of workshops and demonstrations covering the subjects of fire lighting, natural cordage, making stone jewellery, foraging and shelter building.*

## See notice board to book sessions

Dryad Bushcraft is one of the UK's leading Bushcraft and Wilderness Survival schools. Founded in 2004 by Survival instructor and broadcaster **Andrew Thomas Price**, Dryad specialises in the delivery of safe and authentic Bushcraft skills, such as ancient and modern fire-lighting techniques, shelter building, foraging for food and medicine, camp craft, wood carving, natural cordage, experiential archaeology, creative crafts and much more.



[www.dryadbushcraft.co.uk](http://www.dryadbushcraft.co.uk)

# TOOLS FOR SELF RELIANCE

## WORKSHOPS ON OFFER

**Simple Black Smithing**

**Rustic Stool Making**

**Re-handling and Sharpening  
had tools**

*(There is a charge for these workshops, see notice board for sign up sheets)*

[www.tfsr.org](http://www.tfsr.org)

*Tools for Self Reliance* was started in 1979 by a handful of dedicated volunteers. Disillusioned by their experiences of development projects in Africa and the failure of overseas development assistance at that time to trickle down to the grassroots, our founders took it upon themselves to work with small-scale community based groups and at the same time lobby major institutional donors and governments to adopt a more people-centered approach to development assistance

The charity collects and renovates old and unwanted tools and sewing machines and send them to grassroots communities in Africa. They also fund this by selling quality refurbished tools from their shop in Crickhowell, South Wales.



# THE TRADING POST

Most of our traders will be offering workshops and demonstrations throughout the weekend. Please take a walk through the trading post on **Friday evening** to find out what going on and the times on Saturday and Sunday. You can make an *oak stool*, *forge a metal hook* or *weave a willow sculpture*. There are brilliant craft makers and artisans who make one off pieces of sheer genius.

## TRADERS

**FUSED GLASS- NIGEL MASON**  
[www.moltenfusedglass.com](http://www.moltenfusedglass.com)

**TOOLS FOR SELF RELIANCE**  
[www.tfsr.org](http://www.tfsr.org)

**LOVE SPOONS- SION LLEWELLYN**  
[www.lovespoonsbysionllewellyn.co.uk](http://www.lovespoonsbysionllewellyn.co.uk)

**SUSTAINABLE WALES**  
[www.sustainablewales.org.uk](http://www.sustainablewales.org.uk)

**SEREN BOOKS**  
[www.serenbooks.com](http://www.serenbooks.com)

**WILLOW WEAVING- JULES WAGSTAFF**

**ABI ELERI ART (PRINTS, CARDS AND ILLUSTRATED GOODS)**  
[www.abieleri.com](http://www.abieleri.com)

**GWEITHDY LLWYD Y GWRYCH (DUNNOCK DESIGNS) ELLWYN MALE**  
[www.instagram.com/dunnockdesign](http://www.instagram.com/dunnockdesign)

**YES CYMRU**  
[www.yes.cymru](http://www.yes.cymru)

**WELSH VALLEY SOAPERY**  
[www.welshvalleysoapery.com](http://www.welshvalleysoapery.com)

**THE CRAFTY PICKLE**  
[www.thecraftypickle.co.uk](http://www.thecraftypickle.co.uk)

**PROJECT SEA GRASS**  
[www.projectseagrass.org](http://www.projectseagrass.org)

**WOODLAND TRUST**  
[www.woodlandtrust.org.uk](http://www.woodlandtrust.org.uk)

**RSPB**  
[www.rspb.org.uk](http://www.rspb.org.uk)

**EAST WEST BODY ART**  
**SUSIE JOSHI-** [dhingali3@yahoo.co.uk](mailto:dhingali3@yahoo.co.uk)



**4PM SATURDAY PAGODA WELL-BEING AND PERMACULTURE AREA**  
**'FERMENTED FOODS, GUT HEALTH & THE FUTURE OF FOOD WASTE'**

## **FEATURED TRADER- TALK- DEMO** **THE CRAFTY PICKLE**

*"Fermentation Harnessed to Fight Food Waste"*

The crafty pickle are two nutritionists handcrafting gut-friendly, unpasteurised, living fermented foods in South East Wales. They're on a mission to reduce food waste by using as much perfectly edible but imperfect or surplus produce as possible to craft raw, vegan, naturally nutritious sauerkrauts and kimchis. A percentage of all their sales goes towards addressing food insecurity. Watch out for their demos and talks. This is what we should be eating and what we are designed to be eating.

If you want to find out more about the topic then be sure to join Arthur and Madi for an informative talk and live demonstration.



## FEATURED TRADER- SION LLEWELLYN LOVE SPOONS

*"A true Welsh Tradition, still very much alive"*

Siôn Llewellyn was born in the Ogmores Valley in 1959 and began carving Lovespoons at the age of twelve. His interest in the art began when his elder sister was given a Lovespoon by her then boyfriend. Being an inquisitive boy, Siôn enquired as to the relevance of the gift. He was then provided with a brief explanation as to the tradition and custom of Lovespoon making. With this in mind Siôn went along to the local grocery store and acquired the side of a discarded orange box. Armed with his penknife, Siôn began to fashion his first Lovespoon. On completion of the spoon, Siôn proudly presented it to his mother who cherished it for her lifetime.

Siôn's parents, acknowledging his interest, knew of the local renowned Lovespoon maker, Len Evans and introduced Siôn to him. Len explained in detail the fine art of Lovespoon making, identifying the symbols which may be depicted on a Lovespoon. He also demonstrated the techniques and the methods in which Lovespoons are traditionally made.

On leaving school, Siôn's talent gained him an apprenticeship with Merlin Madog, the renowned local harp maker. He eventually designed and made his own Harp, winning the National Eisteddfod of Wales craft section proving his prowess and demonstrating his competence in the technical craft of harp making.

However in 1997, Siôn decided the time was right to start his own business focussing on the art of Lovespoon making. In 2015 his early mentor, Merlin Madog the harp maker, with whom he began his working life sadly passed away. Siôn took over his workshop in Pontycymmer where he now carves his spoons. Siôn continues to strive to keep the true tradition of Lovespoon making alive with a passion and pride that is clearly distinguished in each Lovespoon he produces.



## FOOD TRADERS

*Thanks to Gareth Roberts (Little Pen-Y-Bont Arms) and Rob Lilford (Tomas a Lilford Brewery) for providing a great selection of real ales and ciders*



## THE LAST WORD

*We would like to acknowledge the help of the amazing BTT crew, without whom this event would not be possible. Also we are grateful for the support of Santander and Cardiff Metropolitan University for providing student internships, the British Ecological Society for sponsoring the Niche, Nature & Science Area and the Awen Cultural Trust.*

**PLEASE SHARE  
YOUR PHOTOS AND  
FILM FOOTAGE  
OF THE FESTIVAL  
ON SOCIAL MEDIA  
WITH THE HASHTAG  
#WEARENATURE**

## SPECIAL THANKS TO THE FOLLOWING:

Gareth Williams (Crew Coordinator)  
Cody (Well-being and Permaculture)  
Matches Malone (Creative Area)  
Adebayo Oyeniyan (Public Health & Safety)  
Bekah Stone (Trader Liaison)  
Hannah Styles (Graphic Design)  
Meg Cox (Artist Liaison)  
Joe and Dave Marvelly and rest of sound crew (Sound and Lighting)  
Phil Guest (Afon Events)  
Edryd (A&E Adventures)  
Tom and James (T & M Technical Services)  
Ben Pearse and Crew (Security)  
Chris Davies (ColourBlack Productions)

**£2**

**COVER ARTWORK BY ABI ELERI  
ABIELERILLUSTRATION@GMAIL.COM**

**GRAPHIC DESIGN BY HANNAH STYLES  
HANNAH.HANNAHSTYLES@GMAIL.COM**

